# Yakusoko 1

Offense Person / (**Defense Person)**

Front Stance with Down Block **(Fudo dachi)**

#2 F Kick, land in front **(Step back so LFF, Down Block)**

RH Punch to chest (**Rising Block**)

**(#2 F kick land in front**) / Step back so LFF, Down Block)

**(RH Punch to Chest)** Rising Block

#2 F Kick, land in front **(Step back so LFF, Down Block**)

RH Punch to chest **Rising Block with Wrist Grab, Punch to chest)**

**(Step with RF behind opponents Right Heel, Bring wrist down, twist/rotate for take down)**

**Maintain wrist control, Punch to face**