

What is the Board Breaking Challenge?

The Challenge is an excellent learning opportunity for students of all ranks (Dragons thru Black Belts) and all levels of board breaking experience.

The first half of the seminar is instructional - students learn a variety of hand & foot breaks using re-breakable boards at first and then a portion of their own allotment of boards.

In the second half, students challenge themselves with the boards they set aside for the "Challenge" portion.

Can you participate if you are not an OKKA student?

The Board Breaking Challenge is an **Open Event** - which means you do not have to be a student to participate.

Since it is instructional, parents, siblings and friends may register as well.

We will provide the safety gear.

Safety Gear?

Leadership students **must** bring their own gear (hand, foot, & shin guard).

Gear will be provided for non-Leadership students.

Can Parents stay for the entire event?

Parents are welcome to stay for the entire seminar or drop off for the instructional portion and return to watch the "Challenge" portion.

Dress Code?

Student Dress Code: Any FULL uniform (Gi Top, Gi Pants, Karate T-Shirt & Belt)

Non-Student Dress Code: shirt & athletic pants

CIT Expectations?

CIT are expected to assist during this event - unless the CIT member is registered for the event or is a Candidate (which means participating in the Challenge).