**Combination Number 11**

Step back into Left Foot Fwd fighting stance; Kia!

Right #2 Front kick landing in front.

Right Jump Front kick landing in front

Switch stance (switch feet)

Right Axe kick landing in front. Stay in Right front stance.

Left Spinning Hook (left foot kick- you spin counter clockwise)
Left #2 Front kick landing in front.

Left Jump Front kick landing in front.

Switch stance (switch feet)

Left Axe kick landing in front.

Right Spinning Hook kick (right foot kick- you spin clockwise)

Step Up Discipline

Bow & Respect