# Combination Number 6

**Right** foot steps to rear 45 degrees into horse stance.

Double down open hand shuto blocks,

Bring hands up to double inside open hand shuto blocks.

Shift body sharply to **L** front stance while executing **L** open hand rising block and an R open hand shuto strike to neck level.

R #2 front kick landing in front

Roll hands to re-enforced backfist (right fist is backfist, left is semi-reinforcing)

Stepping with the L leg, take 2 steps and elevate into a **R** jump front kick.

Upon landing, drop down to L knee with L punch to center, kiai.

Spin to left as you switch knees and balancing on your hands

Throw a **L** back/side kick (looking over L shoulder).

Rotate left and to land upright on R knee, with hands in a left reinforced inside block.

Step up to Discipline.