

Okinawa Kenpo Karate Academy

BOARD BREAKING CHALLENGE REGISTRATION

Location: OKKA Pitman Dojo, 72 E. Holly Ave., Pitman, NJ

To ensure that our competition is as fair and exciting as possible, all competition wood must be pre-purchased and will be certified and supplied by the OKKA. Competitors will receive boards the day of the competition.

Name of Competitor: _____ **Age** _____ (As of Event Date)

1st Breaking Challenge? Yes / No
If No - what color chevron was earned at the last Challenge? _____

BOARD SIZES AND PRICES

<u>AGE</u>		<u>PRICE</u>
17 Yrs & up	1" x 6"	\$42.00
<i>(20 boards per bundle)</i>		
12-16 Yrs	1" x 5"	\$38.00
<i>(15 boards per bundle)</i>		
7-11 Yrs	1" x 4"	\$35.00
<i>(15 boards per bundle)</i>		
6 Yrs & under	½" x 4"	\$26.00
<i>(10 boards per bundle)</i>		
Additional Boards \$2.50 each		

Registration Fee:

Bundle Price \$ _____ x # of bundles _____

Additional Boards \$2.50 x # of boards _____

Board Bundle Total \$ _____

Extra Individual Boards \$ _____

Seminar Cost \$ **30.00**

Total \$ _____

Payment Method: (check one)

_____ Cash: \$ _____

_____ Check: \$ _____ Check # _____
Payable to OKKA-Mullica Hill

_____ Use On-File Billing Method

Register EARLY to guarantee board availability.

- ALL FEES ARE NON-REFUNDABLE
- REGISTRATION DOES NOT INCLUDE PRICE OF WOOD
- OKKA RESERVES THE RIGHT TO CANCEL OR MODIFY DIVISIONS BASED ON ENROLLMENT

RELEASE, WAIVER AND MEDIA RELEASE

I, the undersigned, do hereby voluntarily and knowingly assume all risks for any and all damages, and personal injuries that I may sustain while attending or participating in the above referenced event and do hereby release, discharge, and agree to hold ACMA LLC, Kyoshi LLC, RMMA LLC and Self Defense Systems of S. Jersey LLC (including its officers, employees, agents, assignees, tournament organizers, instructors, and any other student or parent, as well as the property owners, its officers, employees and tenants) harmless of and from any and all such claims and or liabilities. The parties listed above will not be held responsible for my safety nor do any of these parties assume any responsibility as a guardian or fiduciary. I hereby also covenant not bring suit based upon any such claims and/or liabilities against any party. I do hereby consent to any use and/or reproductions of me or my likeness created in any manner whatsoever, including photographs, film, or videotape for any purpose at the promoters' sole discretion, including without limitation, instruction, publicity, promotion, and broadcast, and waive any and all rights to compensation in regards thereto.

 Applicant's Signature

 Date

 Parent or Guardian (under 18 yrs.)

 Date

Turn in REGISTRATION SHEET ONLY, keep information sheet for your reference.

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Please hand in the Registration sheet and keep this sheet for your information.

Date: See Dojo Update

Time: 9 yrs. old & under @ 9 a.m., 10 yrs. old & above @ 11 a.m.

Leadership Students: Bring shin guard, dominant hand & foot gear.

Non-Leadership: Safety gear will be provided.

Challenge Guidelines

- Our Challenge is simple and fair: break the most boards with the least number of strikes and you win your age group.
- To keep the competition fair, all competitors **must** use OKKA approved and provided boards which will be dispersed the day of the competition.
 - The required board sizes for each age group are in the table on the registration page.
 - **Unused boards from previous events MUST be turned in the week prior** to be inspected in order to be used at the current event.
- Participants will be instructed on proper technique for a variety of strikes, and will be able to practice the strikes using re-breakable boards and/or other reusable training targets. Following the instructional portion of the seminar, participants will compete within their assigned group using the skills just practiced.
- Prior to the actual competition, participants will practice one hand break and one foot break with wood (remember to consider this when ordering boards).
- Approved competition strikes:
 - Hand: hammer fist, reverse punch, down punch, back fist, palm heel, knife hand, crossing elbow and ridge hand
 - Foot: front kick, round kick, ax kick, side kick, hook kick, jump kick (front & round), spinning kick (hook & back)
- Each competitor will be given three separate attempts to score:
 - One attempt with hand strike.
 - One attempt with foot strike.
 - The third attempt may be a hand or foot strike with your choice of break, but must be different than the previous strikes.

For more detailed information, see the **OKKA Tournament Handbook**, located on OKKA Mullica Hill's website (okkamullicahill.com). Go to DOCS and scroll down to Tournament Rule Book or ask your Chief Instructor.